



JUST CHEER ALL STAR HALF YEAR PROGRAM 2020-2021

At JuST Cheer it is our mission to provide high-quality coaching and teaching, in the areas of stunting and tumbling. It is our mission to teach each athlete the life lessons of hard work, teamwork, sportsmanship, and integrity. We strive to produce athletes who are confident and will become positive and constructive members of society.

WHY CAN'T WE ALL... JUST CHEER?

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WELCOME TO THE FAMILY

As we prepare for our 22nd season, we the owners and our staff, are consistently developing ways to keep our gym moving in a positive direction. The complete dedication and participation of the cheerleaders and parents are vital to this growth. We need everyone's assistance in implementing the policies in this handbook to make JuST Cheer exceeds expectations.

Specifically, we require all cheerleaders to give their best effort at all times and adhere to all practice schedules and rules stated in this handbook. Every successful program depends on its members who are willing to work hard every day, show up on time, and give support to all members of the JuST Cheer family.

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IMPORTANT DATES FOR 2020-2021

PRACTICES BEGIN NOVEMBER 30TH

November 25TH – November 26th -Thanksgiving Holiday (Gym Closed)

December 5th – Choreography: Time TBD

December 24th - January 1st -Winter Break
(A separate schedule will be sent out regarding the break)

2020-2021 COMPETITION SCHEDULE

Feb. 14th	Spirit unlimited	Sparta, NJ
February 28	Spirit Unlimited	Reading, PA
March 20	Spirit Unlimited	Reading, PA
April 11	Jamfest	Philly, PA

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WHAT IS ALL STAR PREP (HALF YEAR)?

All Star Prep is a cost-efficient version of our full year All Star Program. The Half Year Program is tailored to give everyone the opportunity to experience All Star cheerleading, without the high associated All Star costs. The Half Year Program does NOT TRAVEL. There will be no overnight competitions, unless a qualifying event is received. All Prep routines are 2 minutes and prohibit basket tosses. Prep Levels are also decided according to the highest skill thrown by MAJORITY of the team, i.e. a team of 10 has 3 tucks (level 3), and 7 backhandsprings (level 2), The team will be deemed a level 2 team. The highest division allowed in Prep, is Senior 3.2, (Level 3 stunting, level 2 tumbling). The Prep Program also wears a more cost-efficient Uniform than our All Star Program.

PARENT MEETINGS

Important information will be announced at these meetings. This is the appropriate time and place for free discussion. Amanda and/or Alyssa will be present at these meetings and will be available to address any questions or concerns..

Meetings may take place virtually

If you wish to schedule a meeting with an owner of the gym, please send an email to justcheerdesk@gmail.com. Do NOT contact the coaches or owners directly.

COMMUNICATIONS

All notices will be delivered by email to parents. The current JuST Cheer email address is: justcheerallstars@gmail.com and justcheerdesk@gmail.com. You will be asked to supply a current working email address. If you do not have an email address or do not wish to receive notices by email, it is up to you to make an effort to know what is going on. We use the “Band” App to communicate with all team parents and athletes. This will be set up during your athlete’s first practice. Please be sure to check your emails daily, to stay up to date on important information.

Make sure to follow us! We will also post updates on Facebook, Instagram, and Twitter.

Facebook: @just.cheer.5 **Instagram:** @Just_cheerjags **Twitter:** @Just_cheerjags

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TEAM PRACTICE RULES

All practices are CLOSED to athletes from other gyms. We also reserve the right to close all practices to family and friends! There is to be NO JEWELRY worn at practices, which includes all earrings, belly button rings and necklaces. This is not simply for appearance sake, but for the safety of the one wearing the jewelry and for those either flying or basing, who might be injured as a result. Athlete CELL PHONES should be turned OFF and collected during practice times. There is to be NO COFFEE OR GUM whatsoever at practices. Any TATTOOS must be covered at all times! There is to be NO excessively long fingernails or sculpts. There is to be NO videotaping of practices. **Practice clothing MUST be worn to all practices as scheduled.** Lost, misplaced or damaged clothing must be replaced at your expense. Anyone late or dressed incorrectly will jump after practice.

CODE OF CONDUCT

A member must, at all times, be a strong representative of Just Cheer All Stars and a positive reflection of his/her teammates. Abusive behavior, lying and or any other form of negative behavior are grounds for removal. This is applied to both athlete and parent. We have a **zero-tolerance** policy for alcohol or drug use. We will not tolerate negative comments about other teams and their programs. Many of you communicate with other cheerleaders, or parents at various organizations through e-mail, Facebook, Band App, GroupME, Snap Chat, Twitter and message boards. Please remember that anything you say is a direct reflection on this organization. ***NOTE: if you are caught sending rude or inappropriate messages on SOCIAL MEDIA, you will be subject to immediate removal!*** Teammates are expected to treat one another with mutual respect. We do not tolerate pettiness, gossiping or cliques; with attempt to exclude or alienate certain members. Back talk, rolling of eyes and any other form of disrespect for instructors or teammates is unacceptable. A problem between a student and a staff member will first be addressed between student and coach/owner. If not solved, a parent will be notified if the problem or infraction persists. We will handle any disciplinary problems privately and professionally.

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SICK/INJURY POLICY/ CROSSOVERS

You must attend practice when you are sick (extreme illnesses, illnesses that are contagious and vomiting are excused.) Athletes are often removed from our program for failing to follow this rule. We will not make exceptions. You will not be required to participate; however, you must be present. An athlete will jeopardize their position if this rule is not followed. In addition, you must provide a doctor's note with detailed information regarding illness, treatment and length of recovery. This includes dental, medical and any other health related issue that would prohibit an athlete from participating. Extended sickness such as Mono will jeopardize an athlete's position on the team. In the event that an athlete is injured at home or during other extracurricular activities, we ask that you please notify us as soon as possible. We will make changes with choreography/routines based on the athlete's injury and length of recovery. The coaches have complete discretion in replacing such individuals for the rest of the season. All injured athletes must continue their monthly tuition. Anyone selected as a crossover substituting for any athlete for any reason will automatically receive the original athlete's registration for competitions.

MISCELLANEOUS INFORMATION

We believe in perfection before progression. We will not allow students to learn advanced tumbling skills before perfecting their basics. If parents and students are not patient or do not have a clear understanding of our teaching methods, they should not be cheering at JuST Cheer All Stars. *Proper technique is everything!* Only perfected skills will be choreographed in a Just Cheer routine! Parents are not allowed to spot their children on Just Cheer property. *Absolutely NO unsupervised tumbling!* An instructor must be present at all times.

Athletes selected as flyers must maintain flexibility and skill requirements. Selected flyers unable to meet the level requirements must learn to base or be moved to an alternate position. In addition, mandatory tumbling will be required for athletes who do not maintain the level skill requirement.

Anyone with mental tumbling blocks may be sent home. Further action will be taken at the coach's discretion. Tuition does not pay for the right to perform. Individuals must meet the level skill requirements in order to compete. Mandatory tumbling will be assigned as needed. Athletes can be moved to an alternate position if they do not maintain the skill requirement.

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RULES AND REGULATIONS CONTRACT

I hereby understand that each time “Just Cheer” is mentioned throughout this contract it is meant to be all inclusive of Just Cheer All Stars.

Please sign below to acknowledge that you have read and understand all rules.

General

1. Only registered athletes are allowed in the gym.
2. Siblings, family members, friends, etc. are not allowed in the gym.
3. All spectators must remain in the lobby and keep the noise level down at all times.
4. Any person that disrupts a practice will be asked to leave the gym immediately.
5. We reserve the right to close the lobby at any given time for any reason.
6. NO food, gum, or drinks, besides water, are permitted in the gym.
7. All trash must be disposed in the appropriate trash receptacles.
8. Cell phones and other electronics must be put on silent mode or left outside of the gym.
9. Just Cheer is not responsible for any personal items lost or stolen.
10. All forms or information needed by Just Cheer must be turned in to the front desk as requested.
11. The Just Cheer name and logos are trademarked. Any privately created or monogrammed items bearing the Just Cheer name cannot be worn or sold without approval.
12. Any person that speaks negatively of Just Cheer online or through any medium (social media) may be dismissed from the program at any time.
13. It is prohibited for any parent to reach out to event producers before information has been sent out by Just Cheer.

I have read and acknowledge the **general** rules and regulations:

Signature

Date

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Teams

Please sign below to acknowledge that you have read and understand all rules.

Just Cheer retains the right to:

1. Place its athletes on the team(s) it feels will best suit the athletes and the program.
2. Decide if an athlete may participate on more than one team.
3. Decide the roles and/or positions an athlete will have/play on their team(s). (E.g. base, flyer, back, spot, tumbler, dancer, alternate, etc.)
4. Request that an athlete/team take additional classes or camps to improve their skills.
5. Request that an athlete/team practice longer than their regularly scheduled time or add additional practices, camps, or competitions if deemed necessary.
6. Move, replace, add, suspend, or even dismiss an athlete for a period of time or indefinitely from a team or the entire program based on criteria including but not limited to: Attendance, conduct, skills, finances, parent conflicts, etc.
7. Withhold any uniform and uniform accessories, for non-payment.

Athletes that elect to participate on more than one Just Cheer team must:

1. Be in good financial standing.
2. Be willing and able to fulfill all responsibilities required by EACH team.
3. Be responsible for any additional entry fees they incur beyond their first team.

I have read and acknowledge **team** rules and regulations:

Signature

Date

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Attendance

Please sign below to acknowledge that you have read and understand all rules.

1. Make Just Cheer a **priority** over any other extracurricular activities.
2. Just Cheer is a big-time commitment and will come before any other extracurricular activities.
3. Athletes that consistently arrive late to practice due to other commitments hurt their team tremendously.
4. All practice sessions are MANDATORY.
5. Attend and be prepared to participate in all Just Cheer activities including those unexpectedly added throughout the season regardless of illness or injury, unless otherwise recommended by a doctor through **valid written documentation**.
6. Notify Just Cheer immediately when an injury occurs so changes to routine choreography can be made prior to practice.
7. Arrive at least **15 minutes early** to all Just Cheer activities. **Continual tardiness will be grounds for dismissal.**
8. Notify Just Cheer in writing immediately of all expected tardiness or absences.
9. Notify Just Cheer by phone immediately of any unexpected tardiness or absences.
10. Repeated absence/sitting out of practice may result in position changes in routine, (i.e. loss of tumbling pass, removal from stunt etc.)
11. Cheerleaders will be asked to leave the program due to excessive absences.
12. **ALL COMPETITIONS ARE MANDATORY. If you miss a competition, you will also be replaced for the following competition.**

I have read and acknowledge the **attendance** rules and regulations:

Signature

Date

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Miscellaneous

Please sign below to acknowledge that you have read and understand all rules.

Sportsmanship/Conduct

1. Grounds for **dismissal** from Just Cheer include but are not limited to:
 - Smoking, drinking of alcoholic beverages or use of drugs
 - Challenging the authority of a coach or person in charge, by athlete or parent. - Any negative behavior towards a Just Cheer member or to another gym, by athlete or parent.
 - Inappropriate pictures or language used on any medium - this includes all social media platforms, by athlete or parent!
 - Athletes and parents are to never approach an official or judge of a competition to voice a negative opinion.
 - Be respectful and courteous to everyone, bullying or bullying behavior will not be tolerated.
2. Schedule an appointment to speak with a coach or staff member to discuss any issues that may arise.
3. Accept team placements and awards with dignity and class.
4. Refrain from gossiping (including social media) or any form of verbal or physical confrontation.

Health/ Injuries

1. Provide Just Cheer with current health insurance and emergency contact.
2. Inform Just Cheer of all medical conditions that may limit or prevent their ability to participate in any Just Cheer activities.
3. Notify Just Cheer of any injuries sustained as a result of participation in any sanctioned Just Cheer activities.
4. Provide valid written documentation from any doctor explaining the reason(s) and the duration for which they may be limited or unable to participate in any Just Cheer activities.
5. Provide Just Cheer with a list of any medications that they are currently taking.
6. Refrain from the illegal use of drugs, alcohol, tobacco or any other substances.

I have read and acknowledge the **miscellaneous** rules and regulations:

Signature

Date

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Agreements

Please sign below to acknowledge that you have read and understand all rules.

1. Material Agreement: As a member of Just Cheer All-Stars Cheerleading Program, any material (cheers, chants, pyramid, partner stunts, transitions, dances, music, routines, etc.) may not be used or taught for any purpose, to anyone outside the Just Cheer All Stars Cheerleading Program.
2. VALUABLES IN THE GYM: It is not possible to monitor valuables brought into the JuST Cheer facility. Please leave valuables at home or in the car. **JuST Cheer will not be responsible for any lost or stolen items.** If you bring valuables into the gym you are doing so understanding the risk you are taking.
3. ALL PRACTICES ARE MANDATORY: Any extra practice that is scheduled at least one week in advance must be attended by all team members.
4. THERE ARE NO EXCUSED ABSENCES FROM A COMPETITION: Every team member is expected to attend every competition. Any athlete that misses a competition may be removed from the program. In rare instances some teams may be required to compete on a Friday afternoon/evening for a National Competition, which may require some missed school time.
5. JuST Cheer Incorporated is a unique corporation that relies on our company name and logo as brand identity and they are valuable assets to our company. In order to help us protect our trademark rights, and strengthen our corporate and brand identity, we revoke all usage of our company name and logo; in whole or in part. The JuST Cheer Inc. logo or any other JuST Cheer Inc. owned graphic, symbol, logo, icon or image may not appear on or in the publication or any apparel, product or material without written permission from JuST Cheer owners. We are asking that families respect this request and understand that is unlawful to reproduce the JuST Cheer name and logo and all slogans, images, owned graphics and custom designs that reflect our branding identities.

I have read and acknowledge the **agreement** rules and regulations:

Signature

Date

Please sign and date that you understand and agree to ALL rules and regulations:

Athlete Signature

Date

Parent Signature

Date

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JUST CHEER ALL-STAR FINANCIAL COMMITMENT 2020/2021

This information provides a summary of the financial responsibility that program members and their parents can expect to pay during the 2020-2021 season.

Joining a JuST Cheer team is a ONE YEAR commitment. If a team member quits AT ANY TIME FOR ANY REASON, you forfeit all tuition fees. Any uniform or uncollected items will also be forfeited.

Gym Fees: Monthly Tuition fees paid each month you are a member of the program, **due on the 1st of each month**. Checks should be made payable to JuST Cheer. There will be a \$25 late fee added to your account if payment is not made within 14 days of the due date. We reserve the right to sit your athlete out of practice if payment is not made.

All Star Prep- \$100

*** Your first Gym Fee is due 12/1. ***

JCAS ACCOUNT FEES

JCAS Fees: Each Family has their own JuST Cheer All Star Account. **The fees you pay go into your account to pay for your competition related expenses.** These fees will be spread over a 4-month payment schedule –December 15, 2020, January 15, 2020, February 15, 2020, March 15, 2020. **All amounts are per cheerleader. YOU MUST PAY YOUR ACCOUNT MONTHLY. If one month is missed, we will submit a warning to you via email. If two months are missed, your athlete will not be allowed to participate in team practices and will be in jeopardy of being removed from all choreography. If three months are missed, we will send your account balance to our collection's agency.**

****Athletes that are 2 months behind on JCAS Payments will be in jeopardy of being removed from all choreography, and future competitions****

***All accounts need to be paid in FULL by March 15TH. ***

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JCAS ACCOUNT FEE

**** All fees are NON REFUNDABLE ****

All Cheerleaders

* This is a per athlete fee *

	Half Year Prep
Annual Registration Fee & Insurance	\$150
Competition Fees	\$350
Choreography/Music	\$300
Uniform Package	\$300
Total Fees	\$1,100

*NOT INCLUDED Your athletes 2 practice wear T-shirts must be ordered on our online pro shop. Please visit justcheerallstars.com and click on pro-shop to view your athletes two mandatory t-shirts. All cheer shoes can be of personal preference but must be WHITE.

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ALL STAR PROGRAM FEES AND THE JCAS ACCOUNT

JCAS payments and monies fundraised are credited to this account upon receipt. The money that is earned from fundraising **cannot be refunded, used to purchase clothing, or transferred to cover Gym Fees**, and can only be used to offset travel expenses for the cheerleader.

Please note, that if you decide to leave JuST Cheer during the season, for any reason, there are No Refunds!

You will receive a monthly statement of your balance. The fees are per cheerleader and are to be paid by cash, credit card or check made payable to JCAS. If you have any questions about your account, please contact justcheerdesk@gmail.com.

Please carefully consider the financial commitment you are making. We want to work with you to make these financial obligations work.

FUNDRAISING

The JuST Cheer Fundraising Board will schedule numerous fundraisers throughout the year to help raise money for the General Fund. ‘The General Fund’ is used for charitable purposes and gym improvements.

The fundraising committee will schedule other fundraisers throughout the year (i.e. Joe Corbi’s Pizza, Yankee Candles, Innisbrook, etc). The money raised by these fundraisers belongs to the individual cheerleader, and we will allocate these funds to the account of the cheerleader responsible for raising them. The funds are used to pay for necessary expenses for the participant i.e. travel expenses, competition fees and uniform costs for the participant only. All fundraised credit will be applied to athlete accounts, 1 month after the fundraiser took place. These funds are not available to be used for optional clothing or monthly gym fees.

Fundraising money CANNOT be refunded for any reason.

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Financial Obligations

Please sign below to acknowledge that you have read and understand all rules.

All parents and athletes understand that:

1. They assume full responsibility for all costs incurred as a member of Just Cheer including but not limited to: gym registration, monthly tuition, apparel costs, competition and travel expenses, or any other item(s), or services purchased or rendered and the payment in full of those items regardless of any circumstances that may arise such as dismissal from the team, or disbandment of the team.
2. Monthly “GYM” (tuition) payments will be made on the 1st of every month.
3. Monthly “ACCOUNT” payments will be made on the 15th of every month from June to November.
4. An athlete will not receive a uniform and/or warm up jacket if the JCAS account is 2 months behind.
5. Gym Tuition does not fluctuate based on the number or duration of practices in any month.
6. Tuition pays for training. It does not pay for the right to perform.
7. Vacations or time off will not be prorated.
8. All payment dues must be met.
9. A \$25.00 late fee will be assessed in the event that tuition payment is past due more than 14 days.
10. The Just Cheer Credit Card form must be completed at time of registration.
11. An athlete’s account must be in good standing to participate in practices, competitions, or special events.
12. All FUNDS ARE COMPLETELY NON-REFUNDABLE.

I have read and acknowledge the **financial obligations**:

Signature

Date

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JUST CHEER ALL-STAR PROGRAM COMMITMENT FORM

Athletes Name: _____

Parents Name: _____

Registration Agreement: Please initial in the box

I hereby agree to register my child with JuST Cheer All Stars for the 2020-2021 Season. Upon registering for the program, I allow said child to participate in all activities, events, practices, programs, competitions, travel and other such matters associated with JuST Cheer All Stars for the 2020-2021 season. I understand the registration fee is a non-refundable fee paid to JuST Cheer All Stars and is due upon permitting my child to register.

Parent or Guardian must initial each

Please read and initial the following important policies.

_____ I have read the packet in its entirety.

_____ I have read and agree with the financial plan for 2020-2021.

_____ I have read and agree with the attendance expectations and policy.

_____ I have read and will abide by the rules and regulations set forth by JuST Cheer, Inc.

_____ I understand that ALL fees are nonrefundable.

_____ I understand that ALL communication with coaches should be by email or calling the gym.

_____ I understand that I am not to use the JuST Cheer Logo or other JC related art, slogans or team names without the express permission of the gym owners.

I have read the entire packet and understand and will follow all standards and rules set by JuST Cheer, Inc. and JuST Cheer All Stars.

Parent Signature: _____ Date _____

Athlete Signature: _____ Date _____

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CREDIT CARD AUTHORIZATION CONTRACT

Dear Parents,

All families must provide us with a credit card and authorization to use it. You may choose to charge your gym fees; JCAS account fees, or both each month. However, if you choose to pay by cash/check and we do not receive payment; your credit card will automatically be charged two weeks after the due date including the \$25 late fee. Gym fees are due the first practice of each month, and JCAS account fees are due the 15th of each month.

Cheerleader Name: _____

Parents Name: _____

Address: _____

I would like my gym fees charged monthly.

_____ I understand if my payment is 14 days late I will be charged a \$25 late fee.

_____ I would like my JCAS Account fees charged monthly.

_____ I understand if 3 monthly payments are missed, my JCAS balance will be sent to our collection's agency.

I authorize JuST Cheer to charge my: (check one)

Amex _____ Master Card _____ Visa _____ Discover _____

Credit Card Number: _____

Expiration Date: _____ Security Code: _____

I understand that my signature on this contract will serve as my authorized signature on the credit card charge slip. I understand that should I not meet the payment deadlines for JuST Cheer, my credit card will be charged.

SIGNATURE OF CARD HOLDER

DATE