



JUST CHEER ALL-STAR PROGRAM 2023-2024

At JuST Cheer All Stars it is our mission to provide high-quality coaching and teaching in the areas of stunting and tumbling. It is our mission to teach each athlete the life lessons of *Hard Work*, *Teamwork*, *Sportsmanship*, and *Integrity*. We strive to produce athletes who are confident and will become positive and constructive members of society.

WHY CAN'T WE ALL... JUST CHEER?

WELCOME TO THE FAMILY

Just Cheer All Stars is proudly owned by Alyssa Calderone & Amanda Nicolosi, with assistance from our 12+ dedicated, knowledgeable, and caring staff, alongside our All Star Manager Carlos Reyes. As we prepare for our 25th season, we as owners and staff, are consistently developing ways to keep our gym moving in a positive direction. The complete dedication and participation of the athletes and parents/guardians are vital to this growth. We need everyone's assistance in implementing the policies in this handbook to make JuST Cheer exceed expectations.

Specifically, we require all athletes to always give their best effort and adhere to all practice schedules and rules stated in this handbook. Every successful program depends on its members who are willing to work hard every day, show up on time, and give support to all members of the JuST Cheer All Stars family.

Table of Contents:

3.....	Important Dates for 2023-2024 Season
4.....	Expectations of being a JuST Cheer All Star
5.....	Meetings and Communications
6.....	2023-2024 Financial Commitment
7.....	2023- 2024 Financial Commitment (Cont.)
8-9.....	JCAS Financial Breakdown
10.....	Fundraising
11-12.....	Absences/ Tardiness/ Sick & Injury Policy
13.....	Travel & Overnight Trips
14-16.....	Athlete Contract
17-20.....	Parent Guardian Contract
21.....	Program Commitment Form
22.....	Credit Card Authorization

IMPORTANT DATES FOR 2023-2024

Interest Meeting: December 11th

First Team Practice: December 14th

TEAM PRACTICES:

Tuesdays & Thursdays 7:00pm-8:30pm

Gym Closings (Please book all vacations during dates listed below)

Fourth of July Holiday- July 4th

Gym Vacation: July 23rd- August 6th

Gym Vacation: September 1st - September 5th

Halloween Holiday: October 31st

Thanksgiving Holiday: November 22nd - November 26th

Winter Break: December 23rd- January 1st

Just Cheer Spring Break: March 25th- March 31st

EXPECTATIONS OF BEING A JUST CHEER ALL STAR

We believe in PERFECTION before PROGRESSION.

We will not allow athletes to learn advanced tumbling skills before mastering/perfecting ALL the basics and skills for their current level or prior. If athletes, parents/guardians, are not patient or do not have a clear understanding of our teaching method, you will be asked to refrain from joining a JuST Cheer All Star team. Proper Technique is vital to the team and programs success. Only Mastered skills will be choreographed in a JuST Cheer All Stars Routine. The Current scoresheet is HIGHLY competitive, and we must abide by these methods to properly max out and ensure positive growth and success.

PRIVATE LESSONS

Private lessons are supported and encouraged by Just Cheer All Stars. All lessons taken outside the Just Cheer All Stars program MUST receive written approval by the program owners or manager. If a request is denied, the athlete will be prohibited from partaking in lessons, clinics, or classes at the requested facility. Just Cheer has a specified way in training and technique and if we feel our training standard is not met at the stylistic approach at which we perform, the request will be denied.

FLYERS

Athletes selected as a flyer must maintain flexibility and skill requirements required by their team/Level. **Holding the position of a flyer comes with additional responsibility.** This includes but is not limited to, extra practice hours, extra conditioning, video submissions, additional stretching time, etc. Selected flyers unable to meet the level requirements must learn to base or be moved to an alternate position.

TUMBLERS

Tumbling is one of the main components within a competitive scoresheet. Athletes who do not possess the same skills that were performed at evaluations, may be removed from their positions, and/or moved to a lower level to better suit their current tumbling abilities. Athletes placed in a tumbling position MUST maintain their leveled tumbling requirements to compete. This policy includes Mental blocks. Parents/Guardians are not permitted to spot their children on JuST Cheer property. *Absolutely NO unsupervised tumbling will be permitted.* An instructor must always be present.

Just Cheer All Star fees and that associated, do not pay for the right to perform. Athletes may be moved to an alternate position(s) if they do NOT maintain their level requirements.

PREP PROGRAM

When evaluating for a JuST Cheer All Stars Prep team, the tumbling level held by Most of the team, will be the level selected for the season, Stunting abilities will also be considered. This program is geared towards athletes who may be new to all star cheer and/or are working towards mastering their current skills. This program is perfect for Middle School/High School aged athletes, who are unable to commit to a full year elite schedule. The Prep Program receives the same quality training and coaching as our elite teams, with less commitment, no overnight competitions, and discounted rates.

MEETINGS & COMMUNICATIONS

All parent meetings must be scheduled in a timely manner. For team, athlete, or coaching concerns, meetings will be scheduled with the All Star Manager, in addition to the team coaches, either before practice or on non-practice days. *Meetings during practices will not be scheduled, as our coach's attention will be with their scheduled team(s).* If the issue persists, a meeting will then be scheduled with an owner(s). Please allow up to 24 hours for **all communication responses.**

Just Cheer All Stars heavily uses the communication app BAND, to communicate with athletes and parents/guardians (Respective Band pages will be set up before your athletes first practice). Important notices will be delivered by email & within the Team/Program Band App.

- **For general questions/concerns:** justcheerallstars@gmail.com
- **For billing, absences/tardiness/scheduling etc.:** Justcheerdesk@gmail.com

You will be asked to supply a current working email address upon joining. If emails bounce, are returned for any reason, or if you do not have an email address, it is up to you to make an effort to stay up to date on current events and information.

Make sure to follow us on social media! We will also post updates on Facebook, Instagram, and YouTube.

Facebook: @just.cheer.5

Instagram: Just_cheerallstars

YouTube: Just Cheer All Stars

JUST CHEER ALL-STAR FINANCIAL COMMITMENT 2023-2024

This information provides a summary of the financial responsibility that program members and their Parents/Guardians can expect to pay during the 2023-2024 season.

Joining a JuST Cheer team is a ONE SEASON commitment (December-April). If a team member quits **AT ANY TIME FOR ANY REASON**, you forfeit all fees paid into JuST Cheer. **ALL FEES ARE NON-REFUNDABLE**. Any uniform or uncollected items will also be forfeited.

The Just Cheer All Stars Program is broken up into TWO monthly Fees, the “GYM Fee” & and the “JCAS Account Fee”. Please see below for a more in depth understanding of each fee required.

- **GYM FEE:** Monthly Tuition membership fee, **due on the 1st of each month**. Checks should be made payable to Just Cheer. There will be a \$25 late fee added to your account if payment is not made within 7 days of the due date. We reserve the right to sit your athlete out of practice if payment is not made. Monthly amount due will not be prorated for gym closings, gym vacations, or personal vacations, sicknesses, or injuries. Athletes who are 2+ months behind will be ineligible to partake in any Pro Shop sales, clinics, practices, or classes.

Half Year Prep Program: \$120

*** Your first Gym Fee is due 1/2/2024***

- **JCAS FEE:** Each family has their own JuST Cheer All Star (JCAS) Account. **All fees paid will be applied into your athlete account to pay for all competition related expenses**. These fees will be spread over a **4-month payment schedule** – December 15, 2023, January 15, 2024, February 15, 2024, March 15, 2024. **Families with multiple athletes will have until April 2023 to fulfill this financial obligation. All amounts are per cheerleader. YOU MUST PAY YOUR ACCOUNT MONTHLY.** If one month is missed, we will submit a warning to you via email. If two months are missed, your athlete will not be allowed to participate in team practices. If three months are missed, we will fulfill your athletes’ position unless a payment can be acquired. If more than 3 months pass, with no payment, your account will be sent to a collection’s agency.

JUST CHEER ALL-STAR FINANCIAL COMMITMENT 2023-2024 (CONT.)

Competition Fees

Competition fees stated within the “JCAS” Account breakdown are estimated. JuST Cheer All Stars reserves the right to drop or add competitions when deemed necessary. If such a scenario were to occur, the stated competition price point will remain the same. REFUNDS will NOT be given for dropped competitions as funds will be allocated towards coaches travel for overnight competition stays or transferred to a different event.

Competition Late Fee

Competitions arrival time are non-negotiable and mandatory. If for any reason an athlete is late, a \$25.00 late fee will be charged to the card on file. It is absolutely imperative that all athletes are present for their athletes meet/arrival time to properly prepare for the event ahead. Late athletes oftentimes cause team anxiety and prevent coaches from all pre-warmup procedures.

Payments/ Invoices

All members will be required to hold an active credit card on file with JuST Cheer All Stars. Payments accepted are Cash, Checks made out to Just Cheer, or Credit Cards. Record will be kept for all GYM fee payments but only invoices will be created for each JCAS account. Invoices can be viewed by emailing Justcheerdesk@gmail.com.

JCAS ACCOUNT FEES
HALF YEAR PREP PROGRAM

This is a per athlete fee- spread across 4/ months

	HALF YEAR PREP
Annual Registration Fee & Insurance	\$200
Competition Fees	\$350*
Choreography Music	\$250
Uniform Package	\$350
Total Fees	\$1, 150 \$287.50/ Month

All Fees are Nonrefundable

*Subject to change

Uniform package includes:

- **Uniform Top & Bottom**
- **Competition Bow**

Practice wear is not included in the above stated.

FUNDRAISING

Members of the JuST Cheer All Stars program will be eligible to partake in various fundraisers throughout the season, to help offset the JCAS Fees associated. ****The mandated Gym fee is not eligible for fundraising use****. The Fundraising Board will be responsible for scheduling numerous fundraisers throughout the year to help raise money for the General Fund, in addition to individual athlete accounts. 'The General Fund' is used for charitable purposes and gym improvements. We will be scheduling 2-3 Fundraising events for this cause and ask that each family participates. The General Fund will not be used as an individual athlete fundraiser. General Fund fundraisers include but are not limited to: Tricky Tray, Hosted Competition, Showcasing events, Raffles, Clothing sales, etc.

In addition to the General Fund, the Fundraising Board will also schedule multiple individual fundraisers such as: Double Good Popcorn, Cheesecakes, Pies, Krispy Kreme, etc.). **Canning letters will also be provided**. The money raised by these fundraisers belongs to the individual athlete and will be reflected on their JCAS account statement. Fundraised money may ONLY be applied to the individual athlete and all JCAS Account fees associated. **Athletes are not permitted to fundraise more than \$200 passed their outstanding total**. For example, if an athlete holds a balance of \$200 remaining, the maximum amount they may collect in fundraised money is \$400. The remaining credit of \$200 will then be allocated towards the following season, and/or end of the year events. Fundraised money cannot be returned or refunded for ANY reason. We highly recommend to only fundraise the amount owed.

All fundraised profits will be applied to the athlete accounts **1 month after the fundraiser took place**. The money that is earned from fundraising **cannot be refunded, used to purchase clothing, or transferred to cover Gym Fees**. **ALL FUNDRAISED MONEY MUST BE TURNED INTO THE FRONT DESK**.

***All Fundraisers MUST be set up and/or APPROVED by JUST CHEER**. It is forbidden to set up personal or individual fundraisers using the JuST Cheer All Stars likeness or name, without written or verbal consent. This will not be tolerated in any form and may be grounds for dismissal. Just Cheer All Stars holds a Nonprofit and a raffle license, which enables the LEGAL use of fundraising and fundraising events alike. **Any form of fundraising or solicitation without the use of our nonprofit # or raffle license is illegal, under NJ Law**.

Fundraised money CANNOT be refunded for any reason.

ABSENCES/ TARDINESS/ SICK & INJURY POLICY

Illness/ Injury

**Due to COVID-19 we will monitor sick athletes and determine attendance on a case-by-case basis.*

You must attend practice when you are sick or injured. This includes headaches, stomach cramps, minor colds etc. Athletes who are experiencing minor symptoms will be asked to attend with a face mask. Extreme illnesses, such as vomiting, strep throat, COVID or any other contagious illnesses are **excused with a doctor's note**. Athletes are often removed from our program for failing to follow this rule. We will not make exceptions. You will not be required to participate in certain elements; however, you must be present. An athlete will jeopardize their position if this rule is not followed. In addition, if a practice is missed, you must provide a doctor's note with detailed information regarding illness, treatment, and length of recovery. This includes dental, medical and any other health related issues that would prohibit an athlete from participating. Extended sickness such as Mono, or COVID will jeopardize an athlete's position on the team. **This is not a punishment**, but positions may be moved or altered to allow for the team to continue. In the event that an athlete is injured at home or during other extracurricular activities, we ask that you please notify us as soon as possible. We will make changes with choreography/routines based on the extent of the athlete's injury and length of recovery. The coaches have complete discretion in replacing such individuals for the rest of the season. All injured athletes must continue their monthly tuition and gym fees. Anyone selected as a crossover substituting for any athlete for any reason will automatically receive the original athlete's registration for competitions.

Absences & Tardiness

New this season! All absences and tardiness will be tracked and communicated through the Band App and a point system. Once your team Band App is created, all events, practices, and competitions, will be implemented within the app calendar. It will be the responsibility of the parent/guardian/athlete to "RSVP" to every event with a "Join" or "Decline". If declined, reason must be commented within the event.

Absences & Tardiness (Continued)

Point System *(Points and conditions may be subject to change)*

Beginning September 1, 2023, JuST Cheer Allstars will be distributing points in correlation with attendance as follows:

0 Point(s)

- Contagious illnesses **with a doctor's note**
- Pre-approved vacation/camps that occur before Labor Day, requested with a 7-day notice.
- Missing less than 45 minutes of a practice for a school event with a 7-day notice.

0.5 Point(s)

- Missing more than half a practice with a 7-day notice
- Arriving to practice with jewelry on, hair unprepared, or incorrect practice wear
- Arriving to practice more than 30 minutes late w/o a 7-day notice
- Early dismissal with less than 45 minutes left of practice w/o a 7-day notice
- Missing a full practice for school function or school sport with a 7-day notice (i.e., formal, plays etc.)

1 Point(s)

- Missing more than half a practice for ANY REASON without a 7-day notice
- Missing a full practice for ANY REASON without 7-day notice
- Missing a full practice for any unexpected event

Point Tiers

Tier I – 3 Points

- Meeting with Team Coaches and Manager to discuss accumulated points.

Tier II – 5 Points

- \$100 fee

Tier III – 7 Points

- Subject for alternate status/removal

2023-2024 JCAS ATHLETE CONTRACT

Must be signed and submitted by competing athlete

Committing to a JuST Cheer All Star team should be met with pride and commitment. As stated in our mission statement, our goal is to teach athletes the individual life lessons of handwork, teamwork, sportsmanship, and integrity. JuST Cheer All Stars reserves the right to dismiss, replace, or sit any athlete who fails to abide by the rules set forth.

Code of conduct

A JuST Cheer member must always be a strong representative of Just Cheer All Stars and a positive reflection of his/her teammates. Abusive behavior, lying and/or any other form of negative behavior are grounds for removal. We have a zero-tolerance policy for alcohol or drug use. We will not tolerate negative comments about other teams and their programs or in reference to JuST Cheer. We are aware that many individuals communicate with outside athletes and families from other gyms and programs, on various social media sites and platforms. Please remember that anything you say is a direct reflection of this organization. The internet is forever. **If you are caught sending rude or inappropriate messages on SOCIAL MEDIA, OR ANY PUBLIC PLATFORM, you will be subject to immediate removal!** Teammates are expected to treat one another with mutual respect. We do not tolerate pettiness, gossiping or cliques; with attempt to exclude or alienate other members. Back talk, rolling of eyes and any other disrespect for staff, instructors or teammates is unacceptable. A problem between an athlete and a staff member will first be addressed between the athlete and a coach. If the problem or infraction persists, a parent will be notified. We will handle all disciplinary problems privately and professionally.

General/ Team practice rules

1. All JCAS practices are CLOSED to parents and non-Just Cheer athletes.
2. All Practices are MANDATORY
3. Just Cheer athletes must be willing and able to attend all Just Cheer activities including those unexpectedly added throughout the season, regardless of illness or injury.
4. Just Cheer must be notified a minimum of 2 hours in advanced for any missed practices.
5. Just Cheer must be notified immediately of any tardiness
6. There is to be NO JEWELRY worn at practices. This includes all earrings, belly button rings and necklaces/ bracelets. This is not simply for appearance's sake, but for the safety of the one wearing the jewelry and for those either flying or basing, who might be injured as a result. PLEASE REFRAIN FROM OBTAINING PEIRCINGS AND/ OR TATTOOS DURING THE SEASON.
7. Athlete CELL PHONES should be turned OFF and may be collected during practice times.

2023-2024 JCAS ATHLETE CONTRACT (CONT.)

Must be signed and submitted by competing athlete

General/ Team practice rules (Continued)

8. There is to be NO videotaping of practices.
9. **Practice clothing MUST be worn to all practices as scheduled.**
10. Lost, misplaced, or damaged clothing must be replaced at your expense.
11. Just Cheer is not responsible for any personal items lost or stolen
12. Anyone late or dressed incorrectly will take part in extra conditioning unless otherwise stated.
13. Any Athlete that speaks negatively of Just Cheer both word of mouth and/ or online may be subject for immediate removal.
14. Just Cheer must remain a top priority over any extracurricular activities.
15. Repeated absences and or sitting out may result in positions changes within the team (i.e. removal from stunt, tumbling, choreography sections etc.)
16. Athletes that consistently arrive late to practice due to other commitments may jeopardize their position on their team (s).
17. Athletes must maintain the skill level in which they were evaluated for.
18. Athletes who experience mental blocks and or regress in skills from the time of evaluations, may be removed from their current team positions or leveled down.
19. Just Cheer reserves the right to level DOWN or UP throughout the season depending on athletes' current skill level, attitude, worth ethic, etc.
20. Athletes elected for a crossover position must attend ALL practices and competitions for their secondary teams.
21. All crossovers must treat their secondary team with the same dedication and commitment as their original
22. Athletes who can no longer fulfill a crossover position will be placed back on their team assigned at Evaluations.
23. Just Cheer reserves the right to decide if an athlete should compete on more than one level.
24. Just Cheer will decide the roles and/or positions an athlete will have/play on their team(s).
25. Request that an athlete/team take additional classes or camps to improve their skills.
26. Request that an athlete/team practice longer than their regularly scheduled time or add additional practices, camps, or competitions if deemed necessary.
27. Move, replace, add, suspend, or even dismiss an athlete for a period of time or indefinitely from a team, or the entire program, based on criteria including but not limited to: Attendance, conduct, skills, finances, parent conflicts, etc.

2023-2024 JCAS ATHLETE CONTRACT (CONT.)

Must be signed and submitted by competing athlete

Competition Rules

1. All competitions are MANDATORY. Athletes who miss may be replaced for all future events
2. All award sessions are MANDATORY. All athletes must be in attendance in proper competition attire. Athletes who miss for any reason will forfeit any awards/ accolades given, and position on the team may be jeopardized.
3. Athletes are to remain respectful and courteous to event officials, staff, and parents/guardians/ athletes from outside programs. Any and all mistreatments will be grounds for immediate removal.
4. Athletes are to be on time. Athletes who fail to arrive by their stated arrival times may endure a \$25.00 late fee charged to the card on file.
5. All Placements and awards are to be received with grace and integrity. We will not tolerate poor sportsmanship.
6. Athletes must look presentable at ALL TIMES. Competition uniforms, accessories and warm up jackets are mandatory to be worn at all times, unless otherwise stated.

Grounds for Immediate Dismissal include but are not limited to:

- Drinking of alcoholic beverages or use of drugs of any kind.
- Challenging the authority of a coach or person in charge.
- Any negative behavior towards a JCAS member or another gym.
- Inappropriate pictures/ language or negative verbiage used on any medium- this includes any and all social media and public platforms.
- Athletes are to never approach an official or judge at any time, during a competition or event.
- Abuse or disregard of Just Cheer property, event property or those in relation.

I have read and acknowledge the rules and conditions set forth within this contract:

Athlete Name (please print)

Athlete Signature

Date

Parent/ Guardian Signature

Date

2023-2024 JCAS PARENT/GUARDIAN CONTRACT

Must be signed and submitted by competing athlete

Code of conduct:

A Just Cheer member must always be a strong representative of Just Cheer All Stars and a positive reflection of its members. Abusive behavior, lying and/or any other form of negative behavior are grounds for removal. We have a zero-tolerance policy for alcohol or drug use. Intoxication, or under the influence of any substance around the athletes/teams is strictly prohibited. We will not tolerate negative comments about other teams and their programs or in reference to Just Cheer. We are aware that many individuals communicate with outside athletes and families from other gyms and programs, on various social media sites and platforms. Please remember that anything you say is a direct reflection of this organization. The internet is forever. If you are caught sending rude or inappropriate messages on SOCIAL MEDIA, OR ANY PUBLIC PLATFORM, you will be subject to immediate removal! Parents/ Guardians are expected to treat one another with mutual respect. We do not tolerate pettiness or gossiping; with attempt to exclude or alienate other members. Negative behavior or a blatant disrespect for Just Cheer staff, instructors or athletes is unacceptable. All Meetings will first be had with the All Star Manager and team coaches. If the problem or infraction persists, a meeting will be scheduled with program owners, which may lead to dismissal from the program. We will handle all disciplinary problems privately and professionally.

Member rules:

1. Only registered JuST Cheer athletes are permitted in the gym.
2. Siblings, family members, friends, etc. are not allowed in the gym.
3. All spectators must remain in the lobby (when permitted) and keep the noise level down, at all times.
4. Any Athlete, Friend, personnel, or family member, that disrupts a practice will be asked to leave the gym immediately.
5. We reserve the right to close the lobby at any given time for any reason.
6. All forms or information needed by Just Cheer must be turned in to the front desk at the appropriate time stated.
7. The Just Cheer name and logos are trademarked. Any privately created or monogrammed items bearing the Just Cheer name cannot be worn or sold without approval.
8. Any athlete or parent/guardian that speaks negatively of Just Cheer online or through any medium (social media) may be dismissed from the program at any time.
9. It is prohibited for any parent to reach out to event producers before information has been sent out by Just Cheer.
10. JuST Cheer reserves the right to adjust and/or implement protocols for the health and safety of all.

2023-2024 JCAS

PARENT/GUARDIAN CONTRACT (CONT.)

Must be signed and submitted by competing athlete

Member Rules (Continued):

Grounds for dismissal from Just Cheer include but are not limited to:

- Smoking, drinking of alcoholic beverages or use of drugs
 - a Challenging the authority of a coach or person in charge, by athletes or parent/guardian.
 - b Any negative behavior towards a Just Cheer member or to another gym.
 - c Inappropriate pictures or language used on any medium - this includes all social media platforms!
 - d Athletes and parents are to never approach an official or judge of a competition
 - e Negative actions or verbiage about Just Cheer or in reference to, on any social media or public platforms.
- 11. Be respectful and courteous to everyone.
- 12. Schedule an appointment to speak with a coach/ owner to discuss any issues that may arise.
- 13. Accept team placements and awards with dignity and class.
- 14. Refrain from gossiping (including social media) or any form of verbal or physical confrontation.

Financial Obligations:

1. They assume full responsibility for all costs incurred as a member of Just Cheer, including but not limited to: Account fees & registration, monthly tuition, apparel costs, competition, and travel expenses, and/or any other item(s) or services purchased or rendered including payment in full of those items regardless of any circumstances that may arise such as dismissal from the team, or disbandment of the team.
2. Monthly "GYM" (tuition) payments will be made on the 1st of every month.
3. Monthly "JCAS ACCOUNT" payments will be made on the 15th of every month from June to February, March for siblings.
4. An athlete will not receive a uniform and/or warm up jacket if the JCAS account is 2 months behind.
5. Athletes who are financially behind, may not participate in any pro shop or specialized item sales.
6. Gym Tuition does not fluctuate based on the number or duration of practices in any month.
7. Tuition pays for training. It does not pay for the right to perform.
8. Vacations or time off will not be prorated.
9. All payment dues must be met.
10. A \$25.00 late fee will be assessed in the event that tuition payment is past due more than 7 days.
11. After 10 days, any overdue payments may be automatically charged to the card on file.
12. A \$25.00 Late fee will be applied for those late to competitions
13. A Quitters fee will be applied for those who part with the Just Cheer program after August 2023
14. **The Just Cheer Credit Card form must be completed at time of registration.**

2023-2024 JCAS

PARENT/GUARDIAN CONTRACT (CONT.)

Must be signed and submitted by competing athlete

Financial Obligations (Continued):

15. An athlete's account must be in good standing to participate in practices, competitions, or special events.
16. **ALL FUNDS ARE COMPLETELY NON-REFUNDABLE.**
17. Fundraised money cannot be refunded for any reason
18. Fundraised money must not exceed \$200 over the total balance owed.

Health/ Injuries

1. Provide Just Cheer with current health insurance and emergency contact.
2. Inform Just Cheer of all medical conditions that may limit or prevent their ability to participate in any Just Cheer activities.
3. Notify Just Cheer of any injuries sustained as a result of participation in any sanctioned Just Cheer activities.
4. Provide valid written documentation from a doctor explaining the reason(s) and the duration for which they may be limited or unable to participate in any Just Cheer activities.
5. Provide Just Cheer with an up-to-date list of any medications that the athlete is currently taking.
6. Refrain from the illegal use of drugs, alcohol, tobacco, or any other substances.

Agreements

1. Material Agreement: As a member of Just Cheer All-Stars Cheerleading Program, any material (cheers, chants, pyramid, partner stunts, transitions, dances, music, routines, etc.) may not be used or taught for any purpose, to anyone outside the Just Cheer All Stars Cheerleading Program.
2. VALUABLES IN THE GYM: It is not possible to monitor valuables brought into the JuST Cheer facility. Please leave valuables at home or in the car. **JuST Cheer will not be responsible for any lost or stolen items.** If you bring valuables into the gym, you are doing so understanding the risks you are taking.
3. **ALL PRACTICES ARE MANDATORY:** Any extra practice that is scheduled must be attended by all team members.
4. **THERE ARE NO EXCUSED ABSENCES FROM A COMPETITION:** Every team member is expected to attend every competition. Any athlete that misses a competition may be removed from the program.

2023-2024 JCAS PARENT/GUARDIAN CONTRACT (CONT.)

Must be signed and submitted by competing athlete

Agreements (Continued)

5. JuST Cheer Incorporated is a unique corporation that relies on our company name and logo as brand identity, and they are valuable assets to our company. In order to help us protect our trademark rights, and strengthen our corporate and brand identity, we revoke all usage of our company name and logo, in whole or in part. The JuST Cheer Inc. logo or any other JuST Cheer Inc. owned graphic, symbol, logo, icon, or image may not appear on or in the publication or any apparel, product, or material without written permission from JuST Cheer owners. We are asking that families respect this request and understand that it is unlawful to reproduce the JuST Cheer name and logo and all slogans, images, owned graphics, and custom designs that reflect our branding identities.

Attendance Rules

1. Make Just Cheer a **priority** over any other extracurricular activities.
2. Athletes that consistently arrive late to practice due to other commitments may jeopardize their position on their team (s).
3. All practice sessions are MANDATORY.
4. Attend and be prepared to participate in all Just Cheer activities including those unexpectedly added throughout the season regardless of illness or injury, unless otherwise recommended by a doctor through **valid written documentation**.
5. Notify Just Cheer immediately when an injury occurs so changes to routine choreography can be made prior to practice.
6. **Continual tardiness will be grounds for dismissal.**
7. Notify Just Cheer in writing immediately of all expected tardiness or absences.
8. Notify Just Cheer immediately of any unexpected tardiness or absences.
9. Sitting out of practice may result in position changes in routine.
10. Athletes will be asked to leave the program due to excessive absences.
11. ALL COMPETITIONS ARE MANDATORY. If you miss a competition, you will also be replaced for the following competition and/or dismissed from the program.

I have read and acknowledge the rules and conditions set forth within this contract:

Parent/ Guardian Name (Please Print)

Parent/ Guardian Signature

Date

**JUST CHEER ALL-STAR
PROGRAM COMMITMENT FORM**

Must be completed for each registered athlete, including siblings

Athletes Name: _____

Parent/Guardian Name: _____

Registration Agreement: Please initial in the box

I hereby agree to register my child with JuST Cheer All Stars for the 2023-2024 Season. Upon registering for the program, I allow said child to participate in all activities, events, practices, programs, competitions, travel, and other such matters associated with JuST Cheer All Stars for the 2023-2024 season. I understand all fees in association with JuST Cheer All Stars are non-refundable.

Parent or Guardian must initial each

Please read and initial the following important policies.

_____ I have read this packet in its entirety.

_____ I have read and agree with the financial plan and policies for 2023-2024.

_____ I have read and will abide by all rules and regulations set forth by JuST Cheer, Inc.

_____ I understand that ALL fees are nonrefundable.

_____ I understand that ALL communication with coaches should be by email or calling the gym.

_____ I understand that there is a 24-hour communication response period for all emails and Band communication.

_____ I understand that I am not to use the JuST Cheer Logo or other JC related art, slogans, or team names without the permission of the gym owners.

**I have read and understand this packet in its entirety and will follow all standards and rules set forth by
JuST Cheer, Inc. and JuST Cheer All Stars.**

Parent/Guardian Signature: _____ Date _____

Athlete Signature: _____ Date _____

CREDIT CARD AUTHORIZATION CONTRACT

All families must provide us with a credit card and authorization to use it. You may choose to charge your gym fees, JCAS account fees, or both automatically each month. However, if you opt to pay by cash/check and we do not receive payment; your credit card will automatically be charged two weeks after the due date including the \$25 late fee. Gym fees (tuition) are due the first practice of each month, and JCAS account fees are due the 15th of each month.

Cheerleader Name: _____

Parents Name: _____

Address: _____

Initial Below:

_____ I would like my **Gym Fees** automatically charged each month. **(Optional)**

_____ I understand if my payment is 7 days late, I will be charged a \$25 late fee.

_____ I understand if my payment is 10 days late, I may be charged automatically.

_____ I would like my **JCAS Account fees** automatically charged each month. **(Optional)**

_____ I understand if my payment is 10 days late, I may be charged automatically.

_____ I understand if 3+ monthly payments are missed, my JCAS balance will be sent to our collection's agency.

I authorize JuST Cheer to charge my: (check one)

Amex _____ Master Card _____ Visa _____ Discover _____

Credit Card Number: _____

Expiration Date: _____ Security Code: _____ Zip Code: _____

I understand that my signature on this contract will serve as my authorized signature on the credit card charge slip. I understand that should I not meet the payment deadlines for JuST Cheer, my credit card will be charged.

Signature of Card Holder: _____ Date: _____